



Mental Health & Recovery Board
of Clark, Greene & Madison Counties

Volume 8, Issue 1 ■ July 2018

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MHRB launches
addictionchangesfamilies.com
awareness campaign website



24-HOUR CRISIS HOTLINES

CLARK COUNTY
Mental Health Services
(937) 399-9500

GREENE COUNTY
TCN Behavioral Health Services, Inc.
(937) 376-8701

MADISON COUNTY
Mental Health Services for Madison County
(740) 852-6256
Text:
4hope to 741741

PARTNERS IN RECOVERY

Mental Health & Recovery Board News for Clark, Greene and Madison Counties ■ *Help for Today. Hope for Tomorrow.*

PTSD and First Responders

First responders, including policemen and firefighters, are more likely to die from suicide than in the line of duty, according to the Ruderman Family Foundation mental health study. **In 2017, at least 103 firefighters and 140 police officers in the U.S. took their own lives**, compared to the 93 firefighters and 129 police officers who died in the line of duty. The study noted Post-Traumatic Stress Disorder (PTSD) and depression, resulting from exposure to traumatic events, as factors in the unusually high rates of suicide.

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A local first responder provided a personal experience for the narrative below to end the silence, open a dialogue about mental health and promote help-seeking behaviors for first responders.

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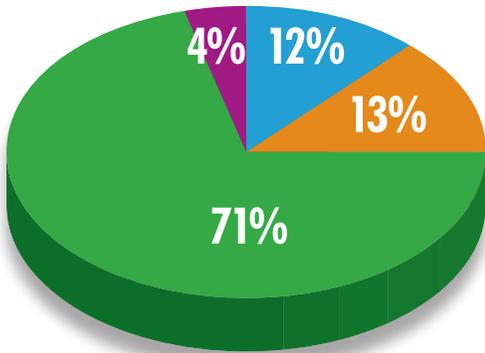
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First responders are such a tight-knit group because as with most things, you don't truly understand something unless you've personally experienced it.

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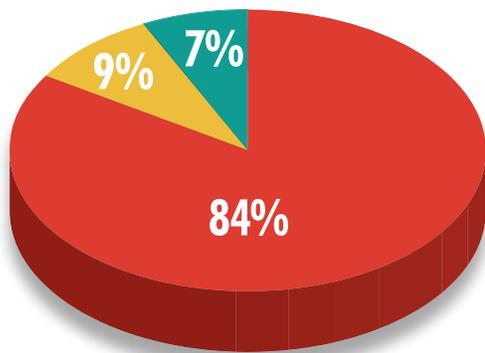
MHRB Fiscal Year 2017 Annual Report

Total Board Funding Sources for all Three Counties:



- Federal: \$1,785,371
- State: \$2,085,924
- Levy: \$10,950,475
- Grants/Other Local: \$588,037

Total Board Expenses for all Three Counties:



- Treatment & Prevention: \$12,982,335
- Administration: \$1,390,938
- Property Management: \$1,036,534

FY 2017 Annual Report Data by County* (in dollars)

FUNDING SOURCE	CLARK	GREENE	MADISON	TOTAL
■ Federal	833,748	745,040	206,583	1,785,371
■ State	813,062	796,966	475,896	2,085,924
■ Levy	5,852,049	4,741,072	357,354	10,950,475
■ Grants/Other Local	586,037	2,000	—	588,037
TOTAL	8,084,896	6,285,078	1,039,833	15,409,807

EXPENSES	CLARK	GREENE	MADISON	TOTAL
■ Treatment/Prevention	6,911,199	5,355,996	715,140	12,982,335
■ Administration	747,014	540,517	103,407	1,390,938
■ Property Management	426,683	388,565	221,286	1,036,534
TOTAL	8,084,896	6,285,078	1,039,833	15,409,807

*NOTE: There is a slight variance in numbers due to rounding

Highlights Across the Region July 2016 – June 2017

PREVENTION/PAX:

MHRB provides funding in all three counties for the PAX Good Behavior Game program which produces powerful behavior prevention results in the classroom and increases academic achievement.

■ CLARK:

Classrooms Served: 85 Students Served: 1,530

■ GREENE:

Classrooms Served: 144 Students Served: 2,530

■ MADISON:

Classrooms Served: 70 Students Served: 1,457

PREVENTION/QPR:

MHRB provides funding for QPR (Question, Persuade, Refer) training, a program designed to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training.

Number of Certified QPR Trainers in all three counties: 23

■ CLARK:

QPR Gatekeepers Trained: 229

■ GREENE:

QPR Gatekeepers Trained: 9

■ MADISON:

QPR Gatekeepers Trained: 25

Services Provided for all Three Counties (Combined):

TREATMENT SERVICES:

Adult: 12,381 Youth: 5,261

RESIDENTIAL TREATMENT SERVICES:

Mental Health/Alcohol & Other Drugs: 225

INPATIENT HOSPITAL SERVICES:

Inpatient: 66

CRISIS INTERVENTION:

Adult: 576 Youth: 183

MEDICATION-ASSISTED TREATMENT SERVICES:

Alcohol & Other Drugs: 354

Training and Community Support Services:

■ **September, 2016: 12th Annual Crisis Intervention Team Training**, 38 law enforcement officers trained.

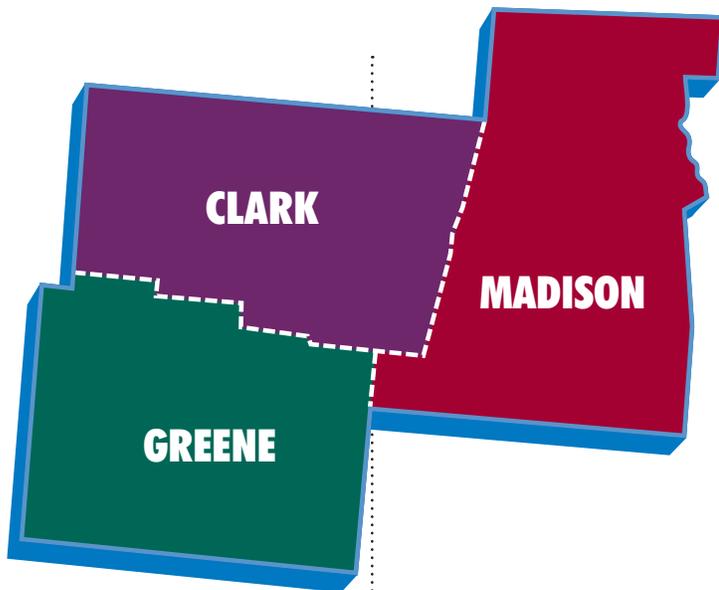
■ **October-November, 2016: Peer Support Certification Training**, 12 people with lived experience trained as Peer Support Specialists.

■ **April, 2017: Youth Leadership Summit**, 280 youth attended

■ **May, 2017: 1st Prevention Professionals Learning Community**, 15 Preventionists attended.

■ **Drug-free Workforce Community Initiative (DWFCI)**, 9 employers received 2 days of drug-free workplace technical assistance intensive training.

MHRB Partner Agencies



CLARK COUNTY

Clark County Family & Children First Council

1345 Lagonda Avenue
P.O. Box 967A
Springfield, OH 45501
Phone: (937) 327-1991
www.clarkfamilyfirst.org

Matt Talbot House

809 South Limestone Street
Springfield, OH 45505
Phone: (937) 322-0872

McKinley Hall, Inc.

2624 Lexington Avenue
Springfield, Ohio 45505
Phone: (937) 328-5300
www.mckinleyhall.org

Mental Health Services for Clark and Madison Counties, Inc.

474 North Yellow Springs Street
Springfield, Ohio 45504
Phone: (937) 399-9500
www.mhsc.org

Oesterlen Services for Youth

1918 Mechanicsburg Road
Springfield, Ohio 45503
Phone: (937) 399-6101
www.oesterlen.org

Project Woman

1316 East Home Road
Springfield, Ohio 45503
Phone: (937) 328-5308
www.projectwomanohio.org

Springfield Metropolitan Housing Authority

101 West High Street
Springfield, Ohio 45502
Phone: (937) 323-2150
www.ci.springfield.oh.us

United Senior Services

125 West Main Street
Springfield, Ohio 45502
Phone: (937) 323-4948
www.unitedseniorservices.org

WellSpring

15 East Pleasant Street
Springfield, Ohio 45506
Phone: (937) 325-5564
www.wellspringfield.org

GREENE COUNTY

Family Violence Prevention Center of Greene County

380 Bellbrook Avenue
Xenia, Ohio 45385
Phone: (937) 376-8526
www.violencefreefutures.org

Greene County Educational Service Center

360 East Enon Road
Yellow Springs, OH 45387
Phone: (937) 767-1303
www.greeneesc.org

Greene County Family & Children First Council

158 East Main Street
Xenia, Ohio 45385
Phone: (937) 562-5600
www.co.greene.oh.us/fcf/default.asp

Greene County Juvenile Court

2100 Greene Way Boulevard
Xenia, Ohio 45385
Phone: (937) 562-4000
www.co.greene.oh.us/JUV/

Greene Leaf

45 North Detroit Street
Xenia, Ohio 45385
(937) 562-5084
www.co.greene.oh.us/APD/gltc.htm

Housing Solutions of Greene County, Inc.

335 East Market Street
Xenia, Ohio 45385
Phone: (937) 376-7810
www.hsgreeneeco.org

TCN Behavioral Health Services, Inc.

Xenia Location:
452 West Market Street
Xenia, Ohio 45385
Phone: (937) 376-8700
www.tcn-bhs.org

Fairborn Location:

600 E. Dayton Yellow Springs Road
Fairborn, OH 45324
Phone: (937) 879-3400
www.tcn-bhs.org

Family Solutions Center:

287 Cincinnati Avenue
Xenia, OH 45385
Phone: (937) 427-3837
www.tcn-bhs.org

Women's Recovery Center

515 Martin Drive
Xenia, OH 45385
Phone: (937) 562-2400
www.recoverycentersinc.org

MADISON COUNTY

Madison County Family Council

200 Midway Street
P.O. Box 624
London, Ohio 43140
Phone: (740) 852-5343
www.co.madison.oh.us/667/index.html

Mental Health Services for Madison County

210 North Main Street
London, Ohio 43140
Phone: (740) 852-6256
www.mhsmc.org

REGIONAL COMMUNITY RESOURCES AND SUPPORTS

National Alliance on Mental Illness (NAMI)

222 East Street
Springfield, Ohio 45505
Phone: (937) 322-5600
www.namicgm.org

Depression and Suicide Prevention Coalitions

Visit www.mhrb.org for meeting locations and times.

FOA – Families of Addicts Bridge of Support

50 West High Street
Springfield, OH 45502
Email: FOAclarkcountyspringfield@gmail.com

Substance Abuse Prevention and Treatment Coalitions

Visit www.mhrb.org for meeting locations and times.

London Recovery Project

60 South Walnut Street
London, Ohio 43140
www.facebook.com/LONDONRECOVERYPROJECT

The Hope Spot

335 East Market Street
Xenia, Ohio 45385
(937) 352-6367
www.facebook.com/thehopespotofgreenecounty

Greta's Question & Answer

Meet Yellow Springs' New Community Outreach Specialist



Dr. Greta Mayer
CEO of MHRB

Law enforcement is a critical MHRB partner in serving our community members with mental illness and addiction and their families.

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The Yellow Springs Police Department (YSPD) in Greene County recently hired a Community Outreach Specialist, **Florence Randolph**. Florence works closely with Police Chief Brian Carlson to serve as a liaison with the community.

Q. When did you start and what do you like most about your position?

A. I started on April 4, 2018. I like the outreach portion of the position. People are appreciative of the assistance and the YSPD.

Q. What are your primary responsibilities?

A. I'm here to build relationships to help connect community members with local resources including housing, mental health and addiction services, and medical services. Part of my job is debriefing and training officers on topics such as mental health and effective response, available social services, stress management, suicide prevention, and crisis intervention.

Q. What surprised you about this position?

A. I was surprised by both the support and excitement from community members that I have received. I've built relationships with

Our Mission: The Mental Health & Recovery Board of Clark, Greene and Madison Counties advocates for and supports a system of effective treatment, prevention, and supportive services for residents.



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1055 East High Street • Springfield, OH 45505
Phone: (937) 322-0648 • Fax: (937) 322-7631

Website: www.mhrb.org
www.facebook.com/mentalhealthrecoveryboard

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Dayton, Ohio

community members, agencies, and groups like the Greene County Drug-Free Coalition and Suicide Prevention Coalitions.

Q. What would you like others to know about your position?

A. This job could be a model for other police jurisdictions. Building relationships within the community and county make it easier to assist individuals in need of support. The Chief and officers are here to help and really care about the community.



Yellow Springs' Police Chief Brian Carlson congratulates Florence Randolph for her appointment as the village's new Community Outreach Specialist. (Photo: Yellow Springs News/Dianne Chiddister)

PTSD and First Responders...continued from page 1

We rely on each other during high stress and high-stake emergency situations, and that creates a bond and an innate understanding of each other.

That same tight-knit community can also be detrimental if there isn't an understanding of the impact of trauma or the effects our job has on our mental health. If personal issues are pushed away to hide weaknesses and the prevalent attitude is 'we help, we don't

ask for help,' it is easy to see how we are facing the issues we are today."

So, what can we do?

"Education is the first step. We could offer more relevant education to first responders; help them develop a better understanding of the impact of trauma on mental health and de-stigmatize help-seeking behaviors. Offering cost-effective training and education in the form of peer support is another important action plan. Moreover, when

education and peer support aren't enough, easy access to affordable, culturally-competent clinicians who understand the unique issues which first responders face must be a priority.

We can never erase the trauma that first responders see and experience, but when we are equipped with knowledge, education, and support from within and between our organizations, we can make those issues easier to live with."



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