













DEONTRAE ELLIS, LICDC-CS
MEN'S PROGRAM COORDINATOR



- Medicaid (Expansion)
- Mental Health and Recovery Board of Clark, <a>DCommunity Health Greene and Madison Counties (local levy)
- United Way
- Federal dollars

- State Grants (OMHAS) (DRC) (Cures Act)
- Foundation
- Cardinal Health
- Mental Health Foundation

- **■Women's Program**
- Men's Residential Program
- Men's Outpatient Program
- Criminal Justice Program
- Medication Assisted Treatment

SERVICES

Clinical Services

- Assessment
- Case Management
- Crisis Intervention
- Group Counseling
- Individual Counseling
- Medication Assisted Tx
- Residential (men)
- Residential "Lite" (women)

Supportive Services

- Supportive Housing
- Laboratory Urinalysis
- Transportation
- Peer Recovery Support
- NARCAN Distribution
- Quick Response Team
- Child Watch Support
- Needle Exchange Program

Partners

Clark County Sheriff's Department Springfield City Police Department Mercy Health - Springfield Regional Medical Center **Municipal Court / Probation Department** WCCCF **CCCHD Rocking Horse Center Community Center (formerly Faith United Methodist)**

Women's Program

- 3 Recovery Houses
 - Wehler House 10 beds for single women (can include toddlers up to age 2)
 - Dimensions Recovery House (3 apartments) 5 women and up to 8 children
 - Healing Encourages Recovery Freedom House 13 beds (mix of women and children) 24-hour staffing
- Social Model of Rec Uses Peer Support, accountability, hous meetings, ORH Cert



Women's Program

- Rent 30% of income, up to \$300 per month. Secure employment within first 60-90 days.
- Bulk food items from Second Harvest Food Bank
- Case Manager assigned to each house Banking, medical appointments, accessing job readiness skills, transportation, meeting probation requirements etc.
- Child-watch services available during treatment hours (On-site)
- Children's Case Manager Emphasis placed on getting toddlers and youth assessed for any needed intervention services
- What Kids Need to Succeed (42 Assets) Goal: build resiliency in youth. United Way and Community Health Foundation) - covering cost for family activities and extracurricular activities.

Women's Program

Successful completion between 12 months



Men's Residential Program

- □ 16 bed facility, up from 12. 14 currently online
- □ Treatment 7 days a week
- Typically transition into either Men's Outpatient Program or the Medication Assisted Treatment Program. Often referred to men's recovery housing
- Physical exercise classes included (Reco
- Waiting lists stays around 12-15 men pe

Men's Outpatient Program

- Morning and Evening Services
- Intensive Outpatient Treatment (9 hours per week)
- Outpatient Treatment (less than 9 hours per week include aftercare services)
- Chemical Dependency Education (2 hours for 8 weeks)
- Transportation
- Case Management

Criminal Justice Program

- 2 Therapists located in the Clark County Jail with a part time case manager
- Intensive Outpatient Services in the jail
- PRIDE Program women in PRIDE attend a 2 hour group once a week
- Main Goal: Get inmates connected to services upon release

Criminal Justice Program

- West Central Community Correctional Facility assessments/CM
 - Transportation back to Clark County
- Intensive Outpatient Service
- Curriculum specific to Crimin population



SAFE HOUSE/WARM HAND-OFF

- Collaboration with Springfield Regional Medical Center and Springfield Police Department
- Opportunity to streamline inpatient detox services
- 24-hour staffed house 5 bedrooms
- Safe holding place until appropriate level of care is available
- Engage in services while in the house
- Engage in outside support groups with staff

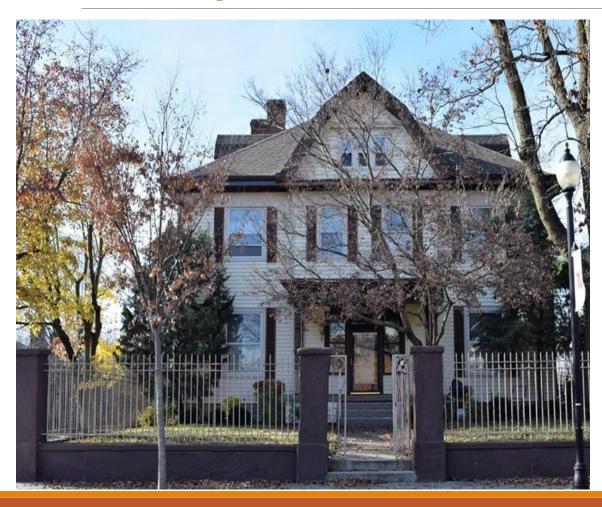
Medication Assisted Treatment

 Collaboration with Municipal Court and Municipal Probation

- Seamless process created to increase engagement post incarceration
 - Labs complete while in jail
 - Transported directly to McKinley Hall upon release, by probation officer
- Vivitrol, Suboxone and Subutex available (24 month recommendation)

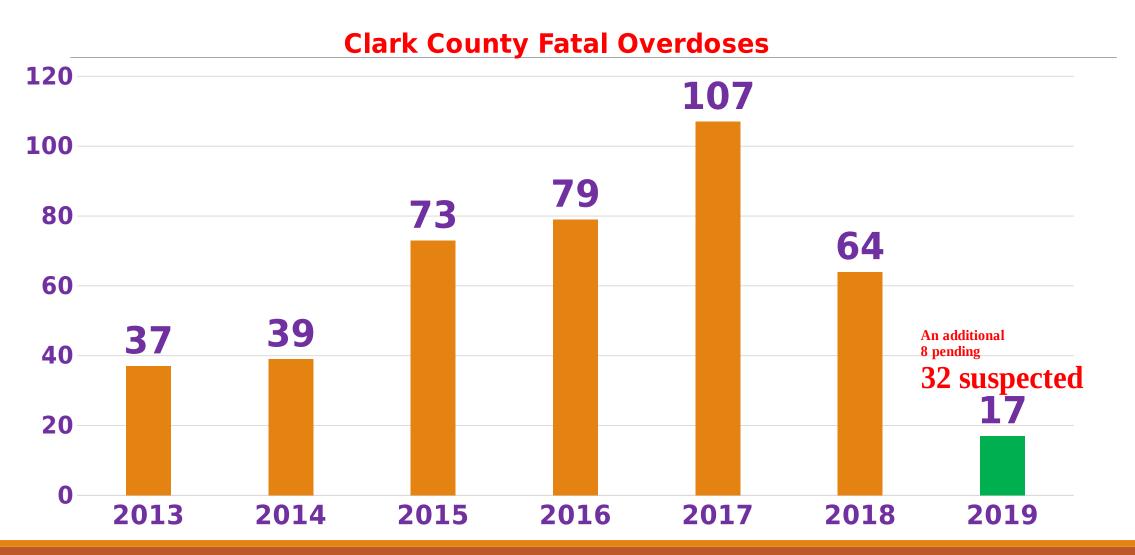
Recovery Housing for Men

(Houses 10 men - 5 in each house)





Clark County Fatal Overdoses



Clark County Substance Abuse Prevention and Treatment Coalition

Comprised of about 60 community volunteers Has been operating for approx. 5 years

- Community Health Foundation: Narcan Distribution
- Mental Health Foundation: Community Forums
- □Ohio Department of Health: Project DAWN
- Clark County Drug Death Review Committee
- □ Needle Exchange Program Expanded this year
- □Distribution of Drug Disposal Bags

TRAUMA & ADDICTION

- 75% of women who report a substance use disorder report having experienced trauma (ACE -study)
- Trauma changes the brain just as substance use disorders
- One in four children and adolescents in the United States experiences at least one potentially traumatic event before the age of 16
- In the National Survey of Adolescents, teens who had experienced physical or
 - sexual abuse/assault were three times more likely to report past or current substance abuse than those without a history of trauma

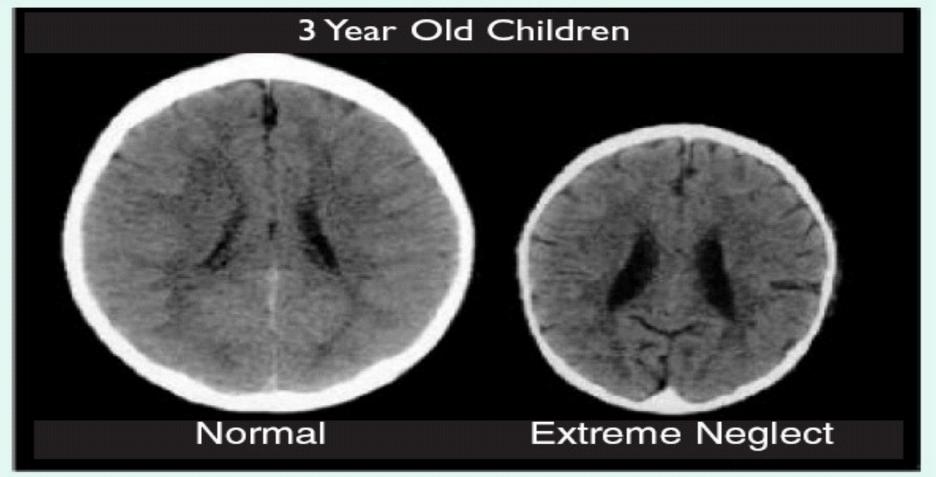
https://www.nctsn.org/sites/default/files/resources//making the connection trauma substance abuse.pdf

TRAUMA AND ADDICTION

- More than 13% of 17-year-olds—one in eight—have experienced posttraumatic stress disorder (PTSD) at some point in their lives
- One in five American adolescents between the ages of 12 and 17 engages in abusive/dependent or problematic use of illicit drugs or alcohol
- In surveys of adolescents receiving treatment for substance abuse, more than 70% of patients had a history of trauma exposure

https://www.nctsn.org/sites/default/files/resources//making_the_connection_trauma_substance_abuse.pdf

Figure 4.2: Differences in brain development following sensory neglect



This figure compares the brain of a normal 3-year-old child (the image on the left) with the brain of a 3-year-old who has suffered severe environmental sensory-deprivation neglect (the image on the right). The child who has suffered neglect has a significantly smaller brain and has enlarged ventricles and cortical atrophy. 47

Conclusion

In many cases, with the proper care and treatment, a person can recover and resume normal activities.

Trust is key in helping people to heal. A therapeutic alliance/relationship must be established.

Know what resources are available in your community